LUNCH & LEARN

Why Lunch & Learn?

- **66%** of employed caregivers reported having to work late, leave early or take time off due to caregiving demands.
- 6 out of 10 individuals caring for an aging loved one work full-time.
- Alzheimer’s cost American business $61 billion a year in health care expenses and lost productivity, due to absent caregivers.

Join the Alzheimer’s Association for lunch and learn about:

- The basics of Alzheimer’s disease
- The 10 warning signs
- The importance of getting a diagnosis
- Alzheimer’s Association programs and services

KNOW THE FACTS

- **#3** Cause of death in San Diego
- **1 in 3** Seniors dies with Alzheimer’s or dementia
- **+60K** Living with Alzheimer’s in San Diego
- **+150K** San Diegans caring for a loved one