

LUNCH & LEARN

Why Lunch & Learn?

- **66%** of employed caregivers reported having to work late, leave early or take time off due to caregiving demands
- 6 out of 10 individuals caring for an aging loved one work full-time.
- Alzheimer's cost American business \$61 billion a year in health care expenses and lost productivity, due to absent caregivers.

Join the Alzheimer's Association for lunch and learn about:

- The basics of Alzheimer's disease
- The 10 warning signs
- The importance of getting a diagnosis
- Alzheimer's Association programs and services

KNOW THE FACTS

#3
CAUSE OF
DEATH IN
SAN DIEGO

1 IN 3
SENIORS DIES
WITH ALZHEIMER'S
OR DEMENTIA

+60K
LIVING WITH
ALZHEIMER'S
IN SAN DIEGO

+150K
SAN DIEGANS
CARING FOR A
LOVED ONE