



BRIANA BOYD, Ph.D.

Clinical Psychologist

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Briana L. Boyd, Ph.D., is a licensed clinical psychologist in San Diego. Dr. Boyd earned her B.A. in Psychology at Humboldt State University and her M.S. and Ph.D. in Clinical Psychology at Howard University in Washington, D.C. She completed her clinical internship at The Boston Consortium, a multi-site clinical psychology training program offered through The Boston VA Healthcare System, Boston University School of Medicine, and Harvard Medical School where she received specialized training in severe psychopathology, substance abuse, and rehabilitation psychology. Dr. Boyd completed her postdoctoral training at the Institute of Living, Hartford Hospital with specializations in assessment and diagnosis and anxiety treatment. Dr. Boyd moved to San Diego in 2009 where she worked at UC San Diego (UCSD), Counseling and Psychological Services. There, she treated UC San Diego students with an emphasis on supporting African-American students. She left UC San Diego to conduct research with veterans in the areas of post-traumatic stress disorder (PTSD) and traumatic brain injury (TBI) at Veterans Medical Research Foundation (VMRF) and the VA San Diego Health Care System in La Jolla. Dr. Boyd now specializes in the treatment of PTSD, TBI, and anxiety disorders in U.S. service members and civilians. Dr. Boyd left VMRF in 2017 to work in her private practice full-time.

Dr. Boyd is an adjunct faculty member at San Diego State University where she teaches graduate courses on trauma and crisis intervention, as well as undergraduate courses on stress management and self-love/self-compassion in the Counseling and School Psychology Department and The Honors College. Dr. Boyd is also a psychological consultant and subject matter expert for legal proceedings in the area of combat-related PTSD and stress reactivity.

Dr. Boyd now has a thriving private practice in Bankers Hill where she treats PTSD, combat-related PTSD, childhood trauma and sexual abuse, traumatic brain injury, anxiety and panic disorder, obsessive-compulsive disorder, poor boundaries, poor self-image, family and relational issues, and couples. Dr. Boyd uses a social justice framework to treat all of her patients and is committed to cultivating love and justice in the community.