

Fight Hunger, Feed Hope



Most Needed Food Items

Canned Chicken & Tuna • Dry & Canned Beans • Cereal • Rice
Nuts & Seeds • Peanut Butter • Canned Soup • Canned & Dried Fruit
Canned Vegetables • Powdered Milk • Infant Formula

Nutritional Choices

Tuna in Water • Low-Sodium Canned Beans • Brown & Wild Rice
Low-Sugar Whole Grain Cereal • Unsalted Almonds • Flax Seeds
Low-Sodium & Low-Fat Canned Soup • No Sugar Added Peanut Butter
Canned Fruit in Water or Juice • Low-Sodium & No Salt Added Canned Vegetables
Low & Nonfat Powdered Milk

We are unable to accept at this time:

glass jars or homemade food products

SanDiegoFoodBank.org

1-866-350-FOOD (3663)

9850 Distribution Ave, San Diego, CA 92121